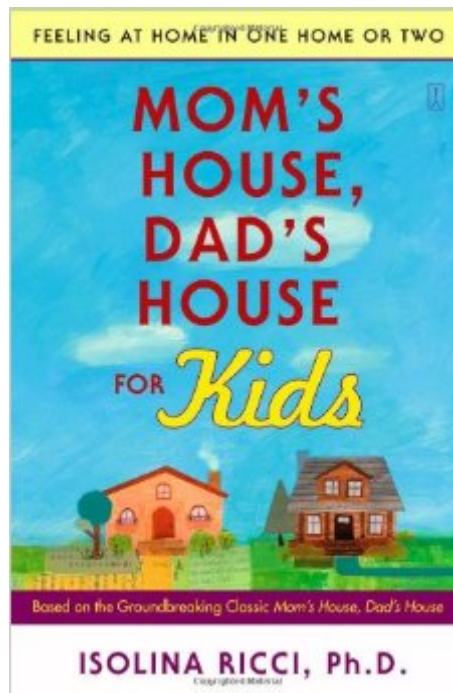


The book was found

Mom's House, Dad's House For Kids: Feeling At Home In One Home Or Two



Synopsis

From the author of the classic *Mom's House, Dad's House*, the essential guide for kids on how to stay strong and succeed in life when parents separate, divorce, or get married again. *Mom's House, Dad's House* has been the gold standard for inspiring and supporting divorcing and remarrying parents for more than twenty-five years. With her new book, Dr. Isa adapts her time-tested advice on maneuvering the emotional, logistical, and legal realities of separation, divorce, and stepfamilies to speak directly to children. Alongside practical ways to cope with big changes she offers older children and their families key resiliency tools that kids can use now and the rest of their lives. Kids and families are encouraged to believe in themselves, to take heart, and to plan for their lives ahead. *Mom's House, Dad's House for Kids* is packed with practical tips, frank answers, easy-to-use lists, "train your brain" ideas, reproducible worksheets, and things to try when words just won't come out right. Kids will learn how to:

- Deal with parents living apart, schedules, and dueling house rules
- Settle comfortably in one home or two
- Stay out of the "miserable middle" when parents fight
- Manage stress, guilt, change, fear, and other feelings
- Stay connected with parents, relatives, and the "right" friends
- Appreciate the gifts (and deal with the gripes) of their new version of family
- Feel better FAST!

Kids can't get their parents back together, but they can help themselves get stronger and go on to succeed in life. This book shows them how.

Book Information

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Customer Reviews

When I was 7, my parents got divorced. I am now 18, and looking back I realize how confused I was

about the breakup. Recently, my dad gave me an advanced copy of Mom's House, Dad's House for Kids, and asked for my opinion on the book. With the intention of only skimming a few pages, I found myself unable to put it down, and read the book in its entirety. I was amazed at the clear, simple, and compassionate way Dr. Ricci answered questions about divorce that baffled me in the past. The thing that impressed me most about Mom's House, Dad's House for Kids was the consistent positive message it conveyed. Without preaching, the book encourages children to make and fulfill positive goals, respect themselves and others, and above all come to acceptance about their parent's divorce. I know this book would have helped me in the past, and I would highly recommend it to any child going through divorce.

Mom's House, Dad's House for Kids is terrific! The author knows how to speak to kids in a way that helps them understand and cope with the changes that come with separation, divorce, and remarriage. The focus is positive and proactive: things kids can do to feel better, tips on how to talk to parents about problems, strategies for addressing and resolving problems, a framework for exploring consequences when making choices, answers to kids' unasked questions, and more. There's even a section giving answers to the questions that kids hesitate to ask. The book doesn't end with the divorce, but continues with what to expect and how to cope when the family changes once again into a stepfamily. The tone, the format, and the content are super child-friendly. A must-read for kids whose parents are separating, divorcing, dating, or remarrying.

This book can be a young person's full-time guide not just to the logistics, emotions, and decisions that arise during parents' divorce, but also to growing up strong under any conditions. As a mother whose daughter was 9 at the time of divorce (or until she turned 18 or so - she's an adult now), I would have bought two copies - one for me and one for her - so that each of us could have it handy 24/7 and write our own marginal notes. Three copies. One for dad, too. Arguments may be commonplace during and after divorce, but no one could argue with the solid foundation and practical value of Dr. Ricci's ideas or her profound love of children and families. It should be in the waiting room of every therapist, as well.

Husband and I recently gained 50/50 custody with my stepkids (age 9 and 7) and moved into a house a mile away. The kid's parents have been separated for over 5 years. I was hoping this would be a good way to review the big changes that have been going on. I was thinking of leaving this on the bookcase for the kids to pick up and browse when they were ready or interested. So I just read

the book and this is geared towards mature 10 year old kids and older. For younger kids this will provide good parent/kid discussion ideas. This is not a read together type of book. The book provides guidance for the kids on the changes and how to own and take control over the changes. Examples like how to organize yourself, questions to help you be prepared for change, self check questions for anxiety. I liked the 6 step solution breakdown which will help kids for their problem solving and I think this would be useful. I love the breathing techniques and "feeling soup" concept. Unfortunately I don't think this book is a good fit (at this time) because the kids are being coached and alienated by their mom. While some of the statements would be good talking points or ideas for the kids to use when having a conversation with us - we don't feel the kids know the difference in what they are saying vs what they are being coached and thought this book might provide mixed messages. Example is the chapter on abuse (their mom regularly asks them if we hurt them and has called CPS on us before) and having the kids ask to not see the one parent (which may make sense in certain scenarios, but not for ours right now). I think that I'll hang on to this book and see if it would be helpful in a year for the transitions the kids are having at the time. Bottom line: great book for 10+ year old kids if the parents divorce without active alienation. This book provides guidance to help empower the kids during this emotional and tense time.

This is written to children. As a parent, I loved it. My kids are too little to read, so I read it, in hopes to have more insight on what children may be feeling, some patterns to look for, and how to help. This is a very thoughtful book.

My four year granddaughter has really enjoyed this book and I think it is helping her adjust to her new situation.

This was a good book for children who have experienced a divorce. Helps them learn the basics of going between mom and dad's house.

Young children who are experiencing the difficult adjustment to their parents' divorce are assisted with this book. I have used it in my therapy practice, and it is very helpful.

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